

2008 Honorary Committee

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Directions

From NYS Thruway South:

NYS Thruway South to Exit 18 (New Paltz). Route 299 East to 9W South over the Mid-Hudson Bridge. Route 9 South approximately 4 miles to Casperkill entrance on your left (directly opposite Saturn of Poughkeepsie).

From NYS Thruway North:

NYS Thruway North to Exit 17. Take I-84 East to Exit 13N (Route 9/Poughkeepsie). Left onto Route 9 North for approximately 10 miles to Casperkill entrance on your right (directly opposite Saturn of Poughkeepsie).

From I-84:

Take I-84 to Exit 13N. Left onto Route 9 North for approximately 10 miles to Casperkill entrance on your right (directly opposite Saturn of Poughkeepsie).

The Hospitals of Health Quest Present

Ladies' Night Out

with Deborah Tannen

A Healthcare Forum for Women



The hospitals of
Health Quest

Northern Dutchess Hospital

Putnam Hospital Center

Vassar Brothers Medical Center

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Deborah Tannen

Deborah Tannen is best known as the author of *You Just Don't Understand*, which was on *The New York Times* Best Seller list for nearly four years, including eight months as No. 1, and has been translated into 29 languages. This is the book that brought gender differences in communication style to the forefront of public awareness. Her book *Talking from 9 to 5: Women and Men at Work*, a *New York Times* Business Best Seller, does for the workplace what the earlier book did for women and men talking at home. Her book, *I Only Say This Because I Love You: Talking to Your Parents, Partner, Sibs, and Kids When You're All Adults*, received a Books for a Better Life Award. Her latest book, *You're Wearing THAT?: Understanding Mothers and Daughters in Conversation*, was recently published in paperback; it spent ten weeks on the *New York Times* Best Seller List after its initial publication in 2006.

A frequent guest on television and radio news and information shows, Dr. Tannen has been featured in and written for most major newspapers and magazines including *The New York Times*, *Newsweek*, *Time*, *USA Today*, *People*, *The Washington Post*, and *The Harvard Business Review*. She is on the linguistics department faculty at Georgetown University, where she is one of only four in the College of Arts and Sciences who hold the distinguished rank of University Professor. She has published twenty-one books and over 100 articles and is the recipient of five honorary doctorates.

Aging Gracefully

Featured Panel Speakers

Michael Freedman, MD
Northern Dutchess Hospital
Beauty At Every Age

Cosmetic medical care today spans a wide range of options such as lifestyle and non-invasive procedures that can help you look and feel your best throughout your lifetime. You can personalize your own "Beauty for Life" plan to help you look and feel your best.

Lauren Bumby, MD
Putnam Hospital Center

Keeping Fit: Health Maintenance for Women

Putnam Hospital Center internist Lauren Bumby, MD, will explore critical issues for women- cardiovascular concerns, osteoporosis, hormone replacement therapy, nutrition, immunizations and cancer prevention-and what you can do to maintain and enhance your health fitness as you grow older.

Evelyn Santi, CUNP
Vassar Brothers Medical Center
Is There a Bathroom Nearby?

Urinary frequency, urgency and loss of urine - you do not have to live with it. Evelyn Santi, Certified Urologic Nurse Practitioner, will review these issues along with treatment options.

Thursday, November 20, 2008

Casperkill Golf Club
2320 South Road
Poughkeepsie, NY 12601

Catered by: Lola's Café & Gourmet Catering

\$60 per person includes dinner (cash bar)

Seating is limited, therefore advanced reservations and payment are required for this event prior to November 7th 2008.

Walk-ins cannot be accommodated.

Schedule Of Events

5:00p.m. Registration & Doors Open

5:30p.m. Welcome & Featured Panel Speakers

6:45p.m. Dinner

7:45p.m. Introducing: Deborah Tannen, "You Just Don't Understand: Women & Men in Conversation"

Tables of 10 may be reserved in advance, but please note, there is NO priority seating.
For more information, please email events@health-quest.org or call 845.876.7024.